Take this list and run it through your trend criteria and you'll find some stocks to use the weekly options strategies on. You'll only need 1-3 good stocks. Last year, with the VIP service, all of our picks for the year were on just 3 stocks. So all you need is 1-3 to get going and be successful. After you've gone through the list once, you can eliminate all the stocks that are not in good trends.

Here are a few more pointers about picking stocks for weekly options. More opportunities for credit spreads can be found in stocks with the following criteria…

1. Volatile: Stocks that are more volatile than the broad market and trending in the same direction. One of the things that allows us to make money with credit spreads is the fact that the options have enough value in order to sell one and buy another and make a net credit. The only way that can happen is if the stock has some volatility in it. If it's a dud of a stock, then no one is interested in buying Puts and Calls on it because it's unlikely to move. The stock has to have enough volatility in it to make the options have value.

2. High Price: Stocks with higher prices had the most credit spread opportunities. Stocks like Google GOOG, Apple AAPL, Amazon AMZN, Priceline PLCN, had far more opportunities. These also had the best day trading opportunities.

3. Trending: Stocks trending in the same direction as the broad market. This is a critical point. The underlying stock is the most important part of the strategy. It should be trending in the same direction as the broad market but even more bullish/bearish. Module One covers stock picking.
Or you can use the list below to find trades. Here is the list…

LIST OF AVAILABLE WEEKLY OPTIONS

Ticker
OEX
XEO
SPX**
XSP
DJX
NDX
RUT
VIX
AMJ
ASHR

DIA

DUST

DXJ

EEM

EFA

EPI

ERX

EWG

EWI

EWJ

EWU

EWW

EWY

EWZ

FAS

FAZ

FEZ

FXE

FXI

FXY

GDX

GDXJ

GLD

GREK

HEDJ

HYG

IAU

IBB

ITB

IWM

IYR

JDST

JNK

JNUG

KRE

LABD

LABU

MDY

NUGT

OIH

QQQ

RSX

SCO

SDS

SLV

SMH

SPY

SSO

SVXY

TBT

TLT

TNA

TQQQ

TZA

UCO

UNG

UPRO

USO

UUP

UVXY

VIXM

VIXY

VWO

VXX

XBI

XHB

XLB

XLE

XLF

XLI

XLK

XLP

XLU

XLV

XLY

XME

XOP

XRT

AA

AABA

AAL

AAOI

AAPL

ABBV

ABC

ABT

ABX

ACAD

ACN

ADBE

ADM

ADP

ADSK

AEO

AET

AG

AGN

AGNC

AIG

AKAM

AKS

ALGN

ALXN

AMAT

AMBA

AMD

AMGN

AMLP

AMRN

AMT

AMTD

AMZN

ANDV

ANF

ANTM

APA

APC

APRN

ARNA

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ATVI

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BRK/B

BSX

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EFX

EMES

EMR

ENDP

EOG

EPD

ESRX

ETE

ETFC

ETN

EW

EXAS

EXPE

F

FB

FCX

FDX

FEYE

FFIV

FIT

FLEX

FLR

FOLD

FOSL

FOXA

FSLR

GE

GG

GILD

GLW

GM

GME

GNW

GOGO

GOOG

GOOGL

GOOS

GPRO

GPS

GRMN

GRPN

GRUB

GS

GSK

GT

GWW

HAL

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RICE

RIG

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ROKU

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SBUX

SCHW

SDRL

SHAK

SHLD

SHOP

SHPG

SIRI

SKX

SLB

SNAP

SNE

SODA

SPLK

SPWR

SQ

SRPT

SSYS

STMP

STX

SU

SWKS

SWN

SYF

SYMC

SYNA

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ULTA

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